In this edition...

- Career Workshops for Undergraduate Students
- Career and Life Skills Coaching
- OPT Workshops for F-1 Students
- CSA Welcome Night
- Study Abroad Info Sessions
- Club Finance Council - Grant Funding
- International Cafe
- Get a free helmet!
- SpokenWorld Workshop

Special U.S. Dates:

October 9
Columbus Day - Postal Holiday

October 31

Campus Dates:

October 12
Last day to add courses

October 31
Career and Effective Communication Enhancement Workshops

for undergraduate students

These workshops are designed for international students and scholars who want to make the most use of their time at UC Davis to enrich their lives, enhance communication skills, and advance their careers.

Why you should participate. The workshops are for anyone who is interested in learning more about American work culture, enhancing their communication skills, or who just wants to be a successful leader. The workshops will examine the multiple adjustments that international students and scholars move through from their home culture to US cultures. Our goal is to help you through this process of change and adaptation. These workshops offer students and scholars opportunities to hone their networking skills, acquire effective communication skills in informal and formal situations, perfect their “elevator pitch”, and be at ease to present themselves in professional situations along with multiple other activities.

Workshop #1 Overcoming Culture Shock and Adjusting to the US Ways of Life
Tuesday, October 10, 2017
1:30 to 2:30 PM
International Center, Room 3119
No need to RSVP

Workshop objectives

- To understand that culture shock is real
• To familiarize yourself with the fundamentals of adaptation to US campus life
• To Enhance skills in adaptation to a new environment
• Strategies to make a successful transition, and overcome cultural shock

Workshop Facilitator

Harwant Khush is a Professional Coach for Life and Work (UC Davis Extension). She is also a Research and Multicultural Consultant with Tero International: An Interpersonal Skills Training Company. She is a former Area 42 Director of the Toastmasters International, and at present the President of the Davis Town & Gown Toastmasters Club.

Her life has been enriched by living and working on various continents and by her travels to various parts of the world. She spent her early childhood in Tanzania, Africa, and later moved to India. She earned her PhD in Education and Management from the University of the Philippines.

Harwant has travelled extensively in Asia, South Asia, the Middle East, and to various European Countries. Thus, she brings a deep understanding of ethnic, social diversity, and of multicultural communication issues.


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Career and Life Skills Coaching

for undergraduate students
Career and Life Skills enhancement coaching is a newly initiated project of **Services for International Students of UCD (SISS)**. It is a concerted effort to provide free personalized coaching services to students to learn about themselves, understand their values, identify their strengths and skills, explore career options, and to enhance decision-making skills for personal and professional success. Harwant Khush, a professional coach, will conduct a series of coaching sessions for undergraduate students to help them accomplish these objectives.

The first coaching session starts on **Wednesday, October 25, 2017, from 1:00 pm to 5:00 pm**. It consists of six consecutive meetings (one meeting per week for an hour with each student). To sign up for the program, please contact:

Harwant Khush Ph.D.
Professional Coach for Career and Life Skills
Email: hkhush@gmail.com
Tel.: 530-220-2265
Coach can accommodate only few students in each session, so contact her as soon as possible to know the time and place for the Coaching sessions.

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**OPT Employment Workshops**

**for F-1 students**

Would you like to gain some work experience directly related to your major in the U.S.? Will you be completing your academic program within the next two quarters? Consider applying for OPT.
Optional Practical Training (OPT) is an employment benefit of the F-1 status. It allows F-1 students to gain practical employment experience in their field of study at the appropriate degree level.

If you are planning on completing your academic program within two quarters, and would like to apply for OPT, you must attend a workshop. This workshop will review OPT concepts and timelines and will walk you through the application process step-by-step.

Not graduating soon?
If you are interested in practical experience, please attend our Curricular Practical Training (CPT) workshops.

**Friday, October 6**

OPT for Undergraduate F-1 Students  
10:30 am Int. Center 2119

OPT for Graduate F-1 Students  
1:15 pm Int. Center 2119

[More Fall Quarter dates]
秋季迎新夜
WELCOME NIGHT

OCT 4, 2017 7PM
SCC MULTIPURPOSE ROOM

Chinese Student Association 華人學生會
活動贊助：Bank of America & 奇華餅家
Need help planning your study abroad experience?

Check out all the upcoming Study Abroad Info Sessions at the NEW International Center.

Also, don’t forget to stop by the Study Abroad & Internship Fair on Thursday, October 5th at the West Quad (11:00 am to 2:00 pm, Facebook RSVP). UC Davis Study Abroad will distribute Study Abroad Awards this year (typical awards are $500 to $2000). Visit our website and sign up to be notified about events, deadlines, and scholarship opportunities: http://studyabroad.ucdavis.edu/

**IMPORTANT DATES AND DEADLINES**

- The enrollment period for UC Davis Quarter Abroad Spring 2018 programs is OPEN now (September 28 – December 8, 2017). Check out our programs in: Japan, Spain, Taiwan, and UK—London. Start your enrollment.

**Additional Quick-link Resources**

- All UC Davis Study Abroad Programs
- Summer Abroad 2018 Programs Announced
- New USA Study Programs (New York, Washington D.C.)
- Study Abroad Scholarships
Receive up to $2,000 in Club Finance Council grant funding for your registered undergraduate student organization events.

CFC is an ASUCD and Pepsi-funded program that provides grants to help pay for educational programs, guest speakers, conferences, cultural shows, publications and other events that enrich campus life.

Visit csi.ucdavis.edu/cfc to learn more!
International Cafe

Join us for the new "Passport Series" of International Cafe. Each cafe will feature a different region of the world. Enjoy free beverages and snacks while learning about different cultures. Meet new and experienced, international and domestic members of the UC Davis community. Students, scholars, staff, faculty, and families are all welcome!

Date: Wednesday, October 18th
Time: 2:00pm - 4:00pm
Location: Student Community Center, Meeting Room D

The Helmet Hair Don’t Care pledge aims to increase UC Davis students’ access to safe and comfortable helmets. Students that sign the pledge will be given a free helmet and a reflective sticker to show their commitment to the pledge. By signing the pledge, students are joining a community of individuals dedicated to decreasing the number of bicycle crash-related injuries.

How do I sign the pledge and collect my helmet?

1. You can sign the Helmet Hair Don’t Care Pledge electronically or at an on-campus event.
2. If you sign the pledge electronically, print out the confirmation page and take it to the Bike Barn to redeem it for a free helmet and reflective sticker.

3. If you sign the pledge at an event, take your pledge card to the Bike Barn to redeem it for a free helmet and reflective sticker.

4. We think your friends probably want a free helmet too. Tell them about the Helmet Hair Don’t Care pledge and share your experience on Instagram and Facebook! #helmethairdontcare

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**SpokenWorld: Telling our Global UC Davis Stories**

You have traveled and met people, you have stories to tell and an ear for other people’s stories. Come workshop your story with us and hear our stories too. With a little preparation you can have a personal story ready to tell. Your stories might illustrate how you were changed, the people you met, and the places you discovered. A little storytelling practice could pay off when regaling friends...or even help set you apart in job interviews. Spoken word, first-person nonfiction is popular now on podcasts ranging from This American Life to The Moth Radio Hour. We guarantee you will walk away knowing yourself and your story better.

Date: Thursday, October 5th  
Time: 2:00-3:00pm  
Location: Memorial Union, Garrison

For more information, contact: studyabroad@ucdavis.edu
UC Davis Global Affairs - Services for International Students and Scholars (SISS) offers events, programs, and opportunities for international faculty, researchers, and visiting scholars at UC Davis, including professional development, community experiences, and more.

You may unsubscribe from hearing about these opportunities by sending a pre-formatted blank email, here.