J-1 ACADEMIC TRAINING
What is Academic Training (AT)?

- Academic training is temporary paid or unpaid off-campus training directly related to a student's major field of study.
- May occur during studies or
- May begin no more than 30 days after completion of studies.
AT Eligibility

- Primary purpose is to study
- In good academic standing
- Directly related to major on your current DS-2019
- Authorized on DS-2019 and by written approval letter by SISS
## Types of Academic Training

<table>
<thead>
<tr>
<th>Pre-Completion</th>
<th>Post-Completion</th>
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<tbody>
<tr>
<td>May be part-time* or full-time</td>
<td>Always full-time</td>
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</table>
| • Part-time while in classes  
  • Full-time ok once advanced to candidacy | |
| Must be authorized in advance by SISS or your J-1 sponsor (LASPAU, Fulbright, etc.) | Must be authorized in advance by SISS or your J-1 sponsor (LASPAU, Fulbright, etc.) |
| Must have job offer before requesting AT | Must have job offer and submit request prior to completion of coursework |

*All AT is counted as full-time, even when approved for part-time
## AT Time Limitations

<table>
<thead>
<tr>
<th>Masters/Pre-doctoral Training</th>
<th>Doctoral Training</th>
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<tr>
<td>Maximum of 18 months (inclusive of any prior AT), or the period of the full course of study in the United States, whichever is less.</td>
<td>Maximum of 36 months (inclusive of any prior AT), or the period of the full course of study in the United States, whichever is less.</td>
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Q: What if my degree only took 12 months to complete?
A: You have a maximum of 12 months of AT!

Q: What if as a doctoral student I used 6 months of AT?
A: You have a maximum of 30 months post-completion months remaining!

Q: What if my non-UC Davis sponsor does not allow AT?
A: Then you cannot participate in it unless you change your sponsorship to UC Davis.
Application Process

You must have an employment offer accompanied by an official employment letter on company letterhead containing the following information:

- Dates of employment
- Hours per week you will be working
- Address of the work location
- Salary information
- Supervisor name and contact information

If the position is unpaid, you must demonstrate that you have funding via a bank statement to support your living expenses during the AT period.
• Log on to iGlobal
• Submit your request

Once your SISS Advisor approves Part 1, you can submit Part 2 and then Part 3

Please fill out the following:

- Part One: Employment Letter
- Part Two: Coordinator/Advisor Recommendation
- Part Three: Financial Information

Legend:

= Incomplete  + = Submit Another  i = Follow-Up Required
= Optional  = Not Yet Available  = Awaiting Answer
= Complete  = Pending Review  = Denied
= Draft
Frequently Asked Questions (FAQ)

Q: What if I receive a new job offer from a different employer?

A: You will need to submit another AT request through iGlobal & receive SISS authorization prior to starting your new employment.

Q: I need an extension of my current AT. How do I extend?

A: Ensure that you will not exceed AT time limitations. Then, submit another AT request through iGlobal prior to your current AT expiration.
Frequently Asked Questions (FAQ)

Q: Must AT be paid?

A: No, but you will have to show financial documents to prove you can support yourself and any dependents’ cost of living during the training period.

Q: May I be authorized for two different employers simultaneously?

A: Yes, as long as you have been approved for both employers with proper AT authorization and it does not violate labor laws.
Documents While Traveling

**Required:**
- Unexpired DS-2019 with valid travel signature
- Academic Training Authorization Letter
- Passport valid at least 6 months into the future
- Valid visa
- Employment letter
⚠️ Do not work off-campus without employment authorization, including unpaid employment.

⚠️ Do not work beyond the end date of your AT authorization. If your employer wants you to extend your AT you must receive additional AT approval through iGlobal.

⚠️ Do not begin working before you receive your AT authorization. SISS is not able to back-date your AT authorization start date for employment that took place in the past.
Life After AT

After completing your Academic Training, you have 30 days to do one of the following:

• Depart the U.S.
• Apply for a change of status in the U.S.
  • You may not be eligible for the benefit if you are subject to 212(e), the 2-year home residency requirement. We highly recommend talking to SISS concerning this option.