

INTERNATIONAL *STUDENT AND SCHOLAR* HANDBOOK

 **UC DAVIS**
Global Affairs







WELCOME TO CALIFORNIA AND TO UC DAVIS!

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WELCOME TO CALIFORNIA AND TO UC DAVIS!

Here in Global Affairs, we like to say we welcome the world to UC Davis.

This is in large part because we welcome students and scholars like you from more than 140 different countries with countless backgrounds and experiences.

Services for International Students and Scholars (SISS), within Global Affairs, is your main contact for visa and immigration matters, and can help you develop a home away from home here at UC Davis. We encourage you to make the most of your time at UC Davis and in California, which together offer tremendous academic, social, and recreational opportunities.

As we envision a UC Davis community that engages, thrives, and leads in this increasingly interconnected world, it is always exciting to see the new opportunities for all of us to learn from one another and discover new perspectives. We wish you the very best for a successful academic year and an enjoyable time exploring your new surroundings.

Please reach out to any one of us with questions or for guidance along the way. We hope to see you in the International Center or around UC Davis soon!

Sincerely,

JOANNA REGULSKA

*Vice Provost and Associate Chancellor of Global Affairs
Professor of Gender, Sexuality and Women's Studies*

FADI FATHALLAH

*Associate Vice Provost of Global Education and
Services for Global Affairs
Professor of Biological and Agricultural Engineering*

WESLEY YOUNG

*Director of Services for International Students and
Scholars within Global Affairs*





PREPARING FOR UC DAVIS

BEFORE ARRIVING TO UC DAVIS

Checklist for
International Students



1

Submit your Statement of Intent to Register SIR – yes!

Once you have received your Letter of Acceptance, you will need to submit your Statement of Intent to Register (SIR):

Undergraduate Students

- Follow the steps outlined for admitted students in MyAdmissions, log into myadmissions.ucdavis.edu
- For any questions you have about admissions, please contact the Office of Undergraduate Admissions at admissions@ucdavis.edu

Graduate Students

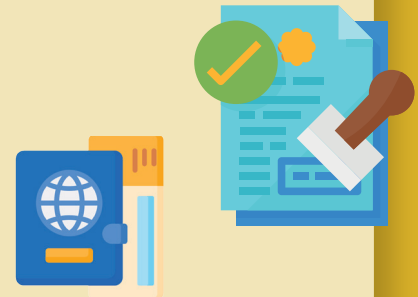
- Submit your Statement of Intent to Register (SIR) as directed by the Office of Graduate Studies: grad.ucdavis.edu
- Telling your new graduate program that you are coming to UC Davis won't activate you as a student in the system

**Students admitted to professional school programs should follow the instructions provided by their school. Students admitted to the following programs should contact Michelle Baker in UC Davis Continuing and Professional Education at mabaker@ucdavis.edu. International English and Professional Programs, Global Study Program, GREAT Summer Research Program, Global University Access Program or other custom programs.*

2

Request an I-20 or DS-2019 from Services for International Students and Scholars (SISS)

Beginning in April, you can request an I-20/DS-2019 from SISS through iGlobal at iglobal.ucdavis.edu



3

Pay the SEVIS Fee or Request a SEVIS Record Transfer

You must pay a SEVIS I-901 fee to obtain a visa, visit fmjfee.com

Students already studying in the United States in F-1 or J-1 status must request that their current school transfer the SEVIS record to UC Davis



4

Apply for your Visa

For information about the visa process and what you need to come to UC Davis, check out: siss.ucdavis.edu

Follow the instructions on the website for the U.S. Embassy or Consulate where you will be applying: usembassy.gov

Additional information on visas can be found on the U.S. Department of State website: travel.state.gov

5

Look at Housing Options

First-year undergraduate students are guaranteed housing on campus, but other incoming students need to secure housing on their own.

Start searching early! For more information visit siss.ucdavis.edu



6

Register for Orientation

Orientation is mandatory and includes information about what international students are required to do to maintain lawful status in the U.S.

For more information about schedule of events, visit the orientation webpage: siss.ucdavis.edu/orientation



7



Make Flight & Ground Transportation Arrangements

Plan to arrive in Davis with enough time to recover from jet lag before your mandatory International Student Orientation.

For more information about how to get to Davis once you've arrived in country, check out the airport transportation webpage: siss.ucdavis.edu/airport-transportation

8

Pay Your International Student Administration and Orientation Fees

SISS charges a fee to all international students studying at UC Davis in F-1 or J-1 student status.

The fee helps to pay for the costs associated with orientation and advising provided by SISS and will appear in your UC Davis billing.

For information about the International Student Administrative Fee visit: siss.ucdavis.edu/fees-and-tuition



9

Check out the Pre-Arrival Guide

This guide is designed so international students can best understand academic responsibilities and meet important deadlines.

Arrive prepared!

iae.ucdavis.edu/undergraduate/prearrival



10

Have academic questions? Get in touch with your international academic advisor

Do you have questions about registration or academic courses? There are international academic advisors in each college who are here to help you with:

- Degree and General Education requirements
- Course planning for your first year
- How to change majors
- Academic policies, regulations and petitions
- Options if you are having academic difficulty
- Advising holds that prevent course registration
- How the university grading system works and American classroom expectations
- Transfer credit for out-of-state courses, IB credit, A-level exams, etc.
- Resources on campus and any questions about academics at UC Davis

You can reach out to them with any academic questions you have before coming to campus, but remember to keep these questions related to classes and coursework – if you have questions about things like living in Davis, getting a bike, or where to do shopping, save those for orientation.

College of Agricultural and Environmental Sciences: caesadvising@ucdavis.edu

College of Biological Sciences: cbsundergrads@ucdavis.edu

College of Engineering: engugrad@ucdavis.edu

College of Letters and Sciences: lsinternational@ucdavis.edu

If you have an urgent question related to visa or travel, contact siss@ucdavis.edu





SECURING HOUSING

First-Year Undergraduate Students

All incoming first-year students under the age of 24 are guaranteed housing in residence halls on campus—Segundo, Tercero and Cuarto. Residence halls have different types of rooms (like singles for one person or double and triple occupancy rooms where you will have roommates) but each type has a bed, a wardrobe for clothes, and a desk with a lamp. All three housing areas have a Dining Common (DC), where meals are prepared and served. More information about first-year housing and meal plans can be found at ucdavis.edu/campus-life/housing

ATTENTION STUDENTS AND SCHOLARS!

Students, refer to the “Before Arriving to UC Davis Checklist for International Students” infographic on pages 6 and 7 for any information you may need about securing housing.

Scholars, once you have been admitted, you will work with many departments on campus to meet all the requirements necessary to do your work or research here at UC Davis.

Information for J-1 scholars is available at siss.ucdavis.edu/j-1-arrival-checklist

What is a RESIDENT ADVISOR (RA)?

“I’m one of the many friendly RAs available to help you transition into college. RAs live with you in your communities and are here to answer any questions you may have about student life, where to find resources, and how to find your home away from home! Adjusting to college can seem difficult, but your RA is here to help you!”

Joyce Zamorano | Global Affairs Student Assistant

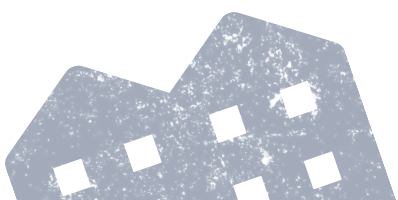


Transfer Students and EAP Students

You are not guaranteed housing in the residence halls and must secure your own place to live before you start classes. Check out the options and advice about renting on and off campus on pages 11 and 12, and don’t hesitate to ask us any questions at sissconnect@ucdavis.edu

Graduate Students and Scholars

It is a good idea to start looking for housing as early as possible. You can ask your graduate coordinators or your program contacts to assist you. For incoming graduates with families, consider how close schools and childcare will be to your home. For guides on how to find childcare and schools in Davis and surrounding areas, visit siss.ucdavis.edu/childcare-and-school-enrollment





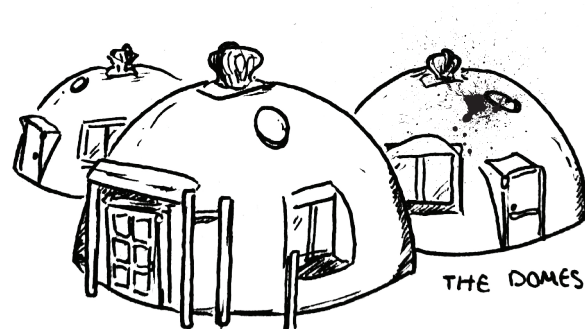
On-Campus Housing

On-Campus Apartments

UC Davis offers family-friendly apartments on campus to transfer, graduate, and professional students. They have a variety of apartment communities, most unfurnished but equipped with full-size kitchens and include a refrigerator, stove and oven. More information about apartments at UC Davis can be found at housing.ucdavis.edu/apartments

Housing Cooperatives

There are two housing cooperatives on the UC Davis campus open to students. Housing Cooperatives value community involvement, so residents are often required to contribute to the upkeep of the house. Most cooperatives host weekly communal dinners and social activities for residents to get to know each other. To learn more about each housing cooperative you can go to housing.ucdavis.edu/graduate-and-professional-housing





Off-Campus Housing

Off-Campus Apartments

The City of Davis has a range of apartment complexes that vary in price depending on their proximity to campus. Depending on the apartment, some come with the option of being furnished. Typically, monthly rent covers some utilities (water, sewage and trash) but tenants must set-up and pay for gas, electricity and Wi-Fi. The rental agreement or lease is usually an 8-12 months contract and requires an initial security deposit that gets returned as long as the apartment is left without damages.

Houses

Houses in Davis offer a larger space and additional amenities like a private yard and a garage. Unlike apartments, some homeowners (landlords) may require the tenant to pay all utilities, while others may include it in the rent. Housing rental agreements usually require an initial security deposit, and the contract may be 3-12 months.

Room in a Shared House or Apartment

The residents of the City of Davis including homeowners, families, or a group of other students rent living accommodations by room. With this type of living arrangement, you can expect to share general spaces like the kitchen, living room, and bathroom.

Be sure you understand all the privileges and limitations a private home-owner may want before making any type of agreement.

Resources to Help with Your Housing Search

ASUCD Community Housing Listing



The Associated Students of UC Davis (ASUCD) maintains this online database of off-campus housing. You can find apartments, houses, rooms in a shared house or apartment and people looking for roommates through the list. Sign up at chl.ucdavis.edu

ASUCD also provides guidance through Housing Advising for Undergraduate Students (HAUS). Search for it on asucd.ucdavis.edu

SISS Housing Bulletin

The SISS housing bulletin is a weekly email with items for sale and available housing—both long-term and sublets (short term leases, usually a few weeks to a few months). Sign up at bit.ly/sissbulletin

Facebook

UC Davis students often use Facebook groups to look for roommates in a shared home or apartment. **You'll need a UC Davis email address to join the groups.** Two of the most popular to search for are **UC Davis Off-Campus Housing** or **Sublease & Short-Term Housing**.





Rental Listing Scams

Scams are dishonest, illegal schemes to make money— one common type in Davis is rental listing scams. They usually begin with a housing opportunity that seems too good to be true. Scammers might list a vacancy ad on a reputable website, asking for a security deposit and first month's rent in exchange for keys. Once the scammer secures the money, they disappear and the tenant is left with no place to live.

HOW TO AVOID SCAMS

- Avoid sending money in exchange for keys to see or rent a property
- Insist on meeting a landlord or property manager in person before signing a lease or paying any money
- Research the property and landlord before paying any money—ask for references, check property records, and read online reviews

For more information about housing, utilities and avoiding scams, visit sisu.ucdavis.edu/housing



GETTING TO UC DAVIS

Getting to Orientation

There are different orientation schedules and requirements for incoming undergraduate students, graduate students, scholars and families. You can find information specific to your situation on our website.

Booking Accomodations

If you are arriving before the start of your rental agreement, it is best to find a place to stay for a few nights. The average nightly rate for hotel in Davis can be \$100–\$200, so be sure to book a room early!

Need help finding hotels in the area? Check out visityolo.com/Stay/Stay-Davis

When can I **MOVE INTO STUDENT HOUSING?**

First-year students planning to live in the residence halls or anyone moving into Student Housing Apartments during fall quarter can move in late-September.

Students moving in winter or spring quarter should contact Student Housing at studenthousing@ucdavis.edu

Getting to UC Davis From the Airport



From the San Francisco International Airport (SFO)

The San Francisco International Airport (SFO) is just over 80 miles (120 km) from UC Davis, which can take between 1 hour and 45 minutes to 2 hours and 30 minutes, depending on the time of day and traffic. We recommend using an app (like Waze, Google Maps, Apple Maps, etc.) to estimate travel time when deciding upon transportation options. If you are headed to a location in Sacramento from SFO, the distance is farther so Amtrak, taxi and ride sharing services will be slightly more expensive.

From Sacramento International Airport (SMF)

The Sacramento International Airport (SMF) is just over 20 miles (32 km) from UC Davis which can take between 25 minutes to 1 hour, depending on the time of day and traffic. Again, we recommend using an app (like Waze, Google Maps, Apple Maps, etc.) to estimate travel time when deciding upon transportation options. If you are headed to a location in Sacramento from SMF, the distance is shorter so taxi and ride sharing services will be less expensive; YoloBus will cost approximately the same amount.





PACKING LIST

for International Students
and Scholars

CARRY ON BAG

REQUIRED

- ☐ Boarding pass
- ☐ Passport
- ☐ I-20 (F-1) or DS-2019 (J-1)
- ☐ Valid F or J visa (Canadians are exempt)
- ☐ Spending money (about \$500-\$2,000)
- ☐ Phone (or buy in U.S.)



Important documents

- ☐ Admissions letter
- ☐ Driver license
- ☐ Transcripts
- ☐ Vaccination records



OPTIONAL

- ☐ Medicine and prescriptions*

Please check the U.S. Customs and Border Protection website for the list of prohibited and restricted items:
<https://www.cbp.gov/travel/international-visitors/know-before-you-visit>



- ☐ Copies of important documents (passport, visa, I-20/DS-2019, etc.)

- ☐ Charger, adapter/converter



- ☐ Eye glasses and contact lenses



- ☐ Laptop/tablet

- ☐ Camera



- ☐ Travel pillow

- ☐ Earplugs



- ☐ Travel-size toiletries

- ☐ A light jacket

- ☐ Credit card



FINANCE TIPS

If living on-campus, bring about \$500 USD cash

If living off-campus, bring about \$1,000 USD cash

You may need to bring more or less depending on your situation:

- Housing deposit
- Hotel
- Furniture, small appliances, furnishings
- Setting up utilities (e.g. internet, water, gas, electricity)
- Food
- Transportation from airport

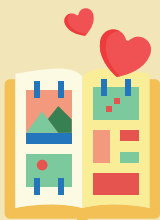
* T.A.s and postdocs should plan to have enough finances for at least a month after they begin working

* Visa credit cards are the most widely accepted in the U.S.



CHECKED BAG

- ☐ Gifts that represent your culture
- ☐ Travel-size toiletries (for a week)
- ☐ Family photos
(or other reminders of home)



CLOTHES

- ☐ Business casual
- ☐ Exercise clothes
- ☐ Shoes
- ☐ Swimsuit
- ☐ Undergarments
- ☐ Coat/jacket



PACKING TIPS

Put any items you will need for the few days (like a change of clothes) in your carry-on bag in case your checked bag gets misrouted and arrives late

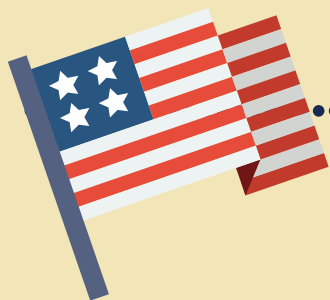


Do not bring customs-prohibited items (e.g., fresh fruit, meat)

Do not put valuable items in your checked bag

Average temperatures in Davis (fall):
Daytime: 70-90° F (21-32° C)
Nighttime: 40-55° F (4.5-13° C)

Davis has a rainy winter season



..... THINGS TO BUY IN THE U.S.

- ☐ Bed sheets and blanket
- ☐ Pillows
- ☐ Umbrella and rain gear
- ☐ Cosmetics
- ☐ Toiletries
- ☐ Towels



- ☐ Electronics
(laptop/tablet, phone)
- ☐ Clothes
- ☐ Hair dryer
- ☐ UC Davis gear

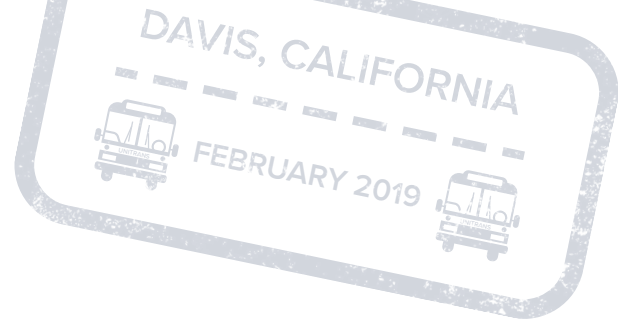


DAVIS TIP

During winter it tends to rain and flood

Make sure to purchase a raincoat, rain boots and an umbrella





The Davis Airporter

The Davis Airporter is a shared van service that will pick you up at the San Francisco International Airport or the Sacramento International Airport and deliver you to your address in Davis. You should make a reservation ahead of time, and you must call the service once you arrive at the airport to confirm. Learn more at [**davisairporter.com**](http://davisairporter.com)

Taxis and Ride Sharing Apps

On-demand taxi services are available at both airports, as are app-based ride sharing services like Lyft or Uber; both options are in private cars. Depending on the time of day you arrive and traffic conditions, travel time and cost will vary.

Public Transportation

BART/AMTRAK FROM SAN FRANCISCO

For a relatively inexpensive option, you can take BART (Bay Area Rapid Transit), a public transportation system serving the San Francisco Bay Area. BART takes you to the Amtrak station in Richmond, California which can transport you to Davis and Sacramento. Keep in mind—this option is complicated and often requires a longer travel time.

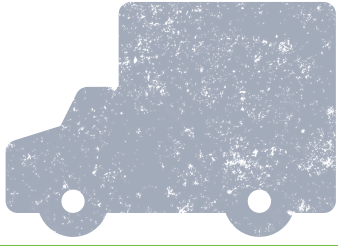
YOLOBUS FROM SACRAMENTO

YoloBus offers direct bus service from the Sacramento International Airport to UC Davis. Although inexpensive, this bus only comes once an hour, will not deliver you to a specific address in Davis and may not have space for extra baggage.

*All of this is explained in detail on our website, at [**siss.ucdavis.edu/airport-transportation**](http://siss.ucdavis.edu/airport-transportation)*



YOU'RE HERE:
NOW WHAT?



MOVING INTO YOUR NEW PLACE!

Buying Furniture or Supplies

If you're moving into residence halls or on-campus housing, they often come fully furnished, so you may not need to buy furniture, but you may need bedding or bathroom products. If you are living off campus, you will probably need more (the bed and the bedding).

There are many different types of stores, which we'll talk more about later. For furniture and housing supplies you'll want to go to a retailer.

Retail Outlets

Retail stores sell anything from bath and beauty supplies and clothes to furniture and homegoods or electronics, like laptops or televisions. Some stores sell it all, others specialize in a specific type of good. Check their websites before you go to make sure they have what you need.



SOME COMMON RETAILERS

- Target
- IKEA
- Best Buy
- Walmart
- Bed Bath and Beyond
- TJ Maxx



GETTING IT HOME:

Furniture and supplies are heavy! Do not plan to get everything back to your housing on a bicycle. Some retailers may offer delivery for a fee. If you are able to rent a car or truck, moving will be easier, but there are strict requirements for driving in California. Check out the **Planes, Trains and Automobiles (and also Bikes)** section on page 28 for options.

Setting up Utilities and Services for Off-Campus Housing

Tenants are typically asked to pay for internet and electricity in addition to their rent. For more information about housing, utilities and avoiding scams, visit siss.ucdavis.edu/housing



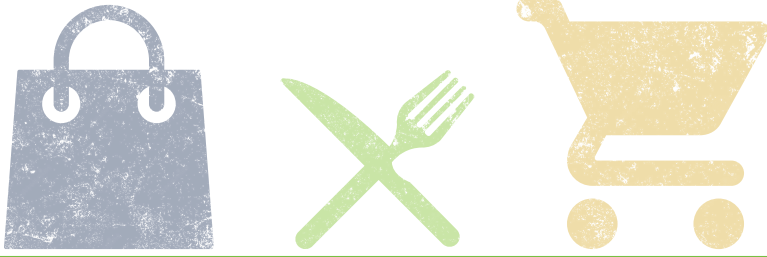
Electricity

Pacific Gas & Electric (PG&E) provides both natural gas and electricity in Davis. To set up an account or find out more about cost, check out: pge.com



Internet

There are a few options for internet providers in Davis. To find reliable service in your area and compare costs, check out: inmyarea.com/internet



SHOPPING *AND* DINING

Grocery Stores

In grocery stores you'll find fresh produce, dairy, meats and non-perishable food. They also sell a variety of drinks, and some grocery stores have their own section of freshly baked goods. Most have toiletries and a limited supply of household products, but they may be more expensive than at other retail outlets.

Great **GROCERIES:**

"Trader Joe's has the best variety of quality groceries for the best prices. Even better, their Davis store is really close to campus and their website offers free recipes."

***Bonnie Shea | Director of Communications for
Global Affairs***



CULTURAL GROCERY STORES



DAVIS



WOODLAND



SACRAMENTO

ASIAN FOOD CENTER

*Chinese,
Vietnamese*

KOBE MINI MART

Japanese

OSAKA-YA

Japanese

BABYLON CITY MARKET

*Mediterranean,
Middle Eastern*

MEDITERRANEAN MARKET

*Middle Eastern,
Mediterranean*

APNA BAZAAR

Indian, Pakistani

INTERNATIONAL FOOD MARKET

*Primarily Indian and
Middle Eastern*

ZEESHAN MARKET

*Pakistani, Indian, Fijian,
Middle Eastern, carries
Halal meats*

KIM'S MART

*Primarily Korean,
Chinese, and Japanese*

OTO'S SUPERMARKET

Japanese

SUNDAYS ASIAN FARMER'S MARKET

*Asian produce from
local growers*

SF SUPERMARKET

*East and Southeast
Asian*

HO HO MARKET

*Cantonese,
East-Asian*

SHAN MARKET

*Pakistani, Indian, Fijian,
Middle Eastern, carries
Halal meats*

KOREANA PLAZA MARKET

*Primarily Korean and
Japanese, some Russian,
Latin American, Middle
Eastern*

TARAD THAI ASIAN MARKET

Southeast Asian

99 RANCH MARKET

*East and Southeast
Asian*

RED SEA MARKET

*Middle Eastern, carries
Halal meats*

WORLD MARKET

International

EUROPEAN DELICATESSEN

Eastern European

SEAFOOD CITY

Filipino

LA SUPERIOR

Mexican

VENERA EUROPEAN MARKET

Eastern European

CORTI BROTHERS

*Italian,
International*

RED STAR INTERNATIONAL

Latin, Caribbean

PANADERÍA LA ESPERANZA

Mexican

LA SUPERIOR MARKET

Mexican

Cultural Grocery Stores

There is an “ethnic” food section in most grocery stores, but the selection can be rather limited. If you’re cooking a meal from home, you may need to visit a cultural grocery store to find the ingredients you need. The graphic on the previous page groups stores by type and color codes by location.



Davis Farmers Market

The Davis Farmers Market is an open-air market held Saturday mornings year-round and Wednesday evenings, hours vary by season. It is held at Central Park (Fourth and C Streets) and is a great place to buy fresh fruits and vegetables, fresh baked goods, flowers, and more. For more information, check out davisfarmersmarket.org

Best place to **PICNIC:**

“I love sitting out on the grass and having a picnic in Central Park at the Davis Farmers’ Market on Wednesday night from March-October. It feels like the whole town is out there, there’s always live music and you can buy dinner there or bring your own!”

**Jennifer Wade | Communications and Development
Manager for Global Affairs**



Free Food For Those Who Need It!

UC DAVIS PANTRY

No student has to miss a meal or live without basic necessities. If you're a student in need: bring your student ID (Aggie Card) to Memorial Union 154 to receive free nutritional meals, food items, or toiletries. Learn more at thepantry.ucdavis.edu

FRUIT & VEGGIE UP

Free produce for UC Davis students! Check in with the Memorial Union Information Desk for the days and times.



Pharmacies

Pharmacies are retail establishments where you can get your prescription medications, find over-the-counter medicine and receive limited medical services, like a flu shot. Similar to supermarkets, pharmacies sell some household items, baby-care supplies, beauty and personal care products, and usually have packaged snack food and drinks.

SOME COMMON PHARMACIES

- Walgreens
- CVS Pharmacy
- Rite Aid

(Also available in some
Walmarts and Targets)

Online Marketplace



Not everyone coming to UC Davis will have a car, or access to a car, and public transportation can make shopping difficult. Ordering products online—especially furniture—can cost more because of shipping, but may be easier for some students and scholars without transportation.

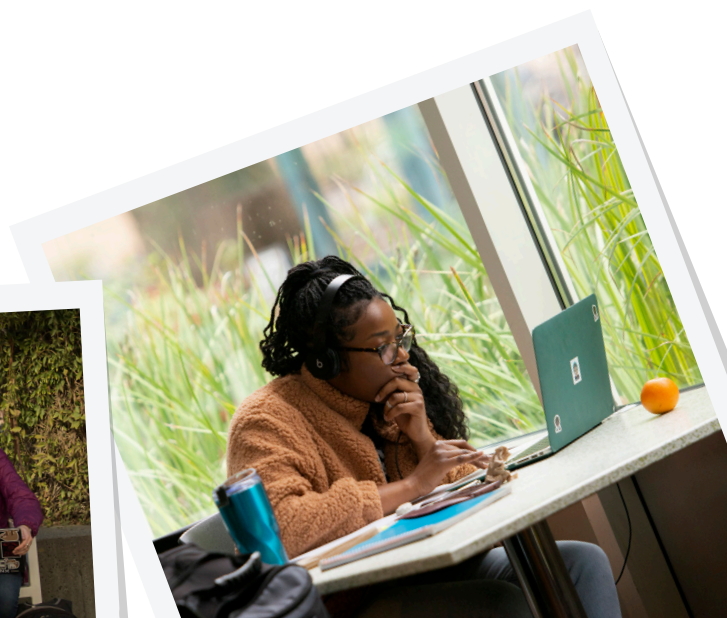
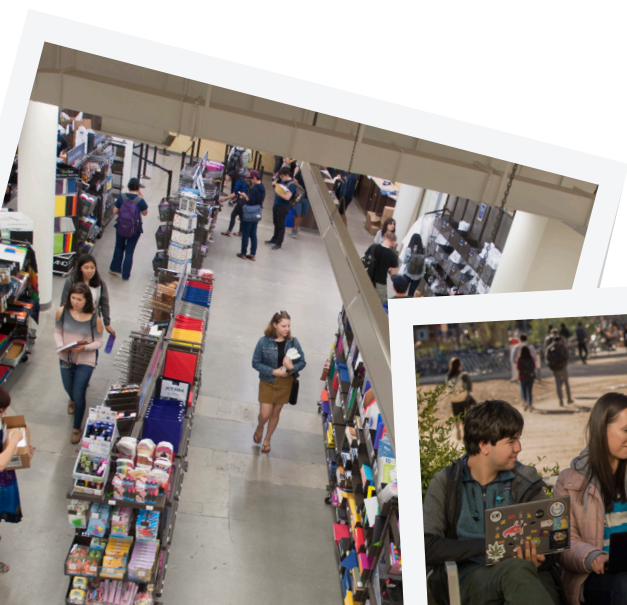
Amazon@ UC Davis

Amazon is an online marketplace that sells a wide range of products, like food and furniture, or household items and electronics. Amazon Lockers are self-serve kiosks where you can have Amazon orders securely delivered and held for you on campus to pick up when convenient. For more information, check out memorialunion.ucdavis.edu/amazonuc-davis

Facebook

Community members and students from UC Davis sell used goods like furniture, bikes and electronics on Facebook. It can be useful to find discounted and low-cost daily use items but you'll usually have to find a way to pick up the items. Check out this list of popular Facebook groups:

bit.ly/UCDFacebookGroups





Sending and Receiving Mail



Post Office

Post Offices are operated by the U.S. Postal Service (USPS). You can buy stamps or send and receive packages larger than an envelope.

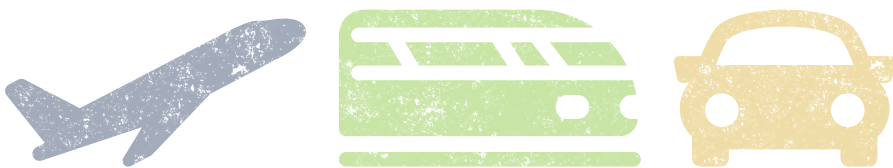
Fed-Ex and UPS

Fed-Ex and UPS offer packing, shipping, and printing services. They are a little more expensive than the U.S. Postal Service, and offer a full range of international shipping services. For more information, visit [fedex.com](https://www.fedex.com) or [theupsstore.com](https://www.theupsstore.com)

Mailing Options

U.S. mail is delivered Monday–Saturday (except holidays), campus mail is delivered Monday–Friday. If you live on campus, the service centers have a designated area for outgoing mail. There is an on-campus mail box that takes outgoing mail in front of the Memorial Union. For more information, visit housing.ucdavis.edu/mail-and-packages

If you live off-campus, check with your apartment complex if they have a designated area for outgoing mail. If you're in a house, be sure there is a safe place to receive packages or seek another pick-up location.



PLANES, TRAINS, *AND* AUTOMOBILES (*AND ALSO BIKES*)

Buses

Unitrans

Unitrans is a bus that runs on campus and through the city of Davis. **Rides are free for UC Davis undergraduate students with student ID**; the fare is \$1.25 per ride for all others. Multi-ride passes are available for purchase; for more information, go to unitrans.ucdavis.edu



YoloBus

Rides on Yolobus are free with a UC Davis undergraduate student ID. The Yolobus goes to West Sacramento, the Sacramento International Airport (SMF) and the nearby town of Woodland and runs late on weekends, while Unitrans does not. Fares are listed on their website, at yolobus.com

The Davis Berkeley Shuttle

The intercampus bus service provides transportation between UC Davis and UC Berkeley for faculty, staff and registered students. Tickets are only \$12, buy online at berkbus.ucdavis.edu

Intercampus Shuttle

The UC Davis–UC Davis Medical Center Shuttle provides transportation between campuses in Davis and Sacramento Monday–Friday. Tickets are \$1.50 each way and must be purchased in advance. For details search taps.ucdavis.edu

Trains

Amtrak

Amtrak is the national train service in the United States. From the Davis station, you can get to other parts of California, including the San Francisco Bay Area and Los Angeles. It's also possible to take Amtrak to cities like Portland, OR and Seattle, WA or even across the country to Chicago, IL. You can check fares and buy tickets online, at amtrak.com

BART (Bay Area Rapid Transit)

BART is a rail system that can get you around the San Francisco Bay Area, or to and from the San Francisco International Airport (SFO) but does not come all the way to Davis. The closest station is in Antioch, CA but you can check their website for routes, at bart.gov



Bicycles



Where can I

GET A BICYCLE?

Bicycles (bikes) are the most popular way to get around Davis, but there are different kinds like road bikes, mountain bikes and cruisers. Need help figuring out which bike is right for you? Check out localwiki.org/davis/Bicycles

There are a few options for incoming students and scholars new to the city.

- 1) You can rent a bike, short term or long term: localwiki.org/davis/Renting_a_Bike

There are also Jump Bikes available around town for very short-term rental (a few hours). They have a student plan that is \$30 for the first year. You can book and pay through their mobile app, or go to jump.com

- 2) You can buy a used bike, which is usually cheaper but it may have some damage from use. There are options for used bikes online, on sites such as facebook.com/groups/bikesforsaledavis, or sacramento.craigslist.org

Alternatively, abandoned and unclaimed bicycles are sold through publicly-held auctions, in October and early May. For more information, go to taps.ucdavis.edu/bicycle/auctions

- 3) You can buy a new bike at a retail outlet like Target or Walmart, but you will find better quality bicycles at a dedicated shop. For more information, go to localwiki.org/davis/Bicycle_Shops



Are there rules for bicycle riders?

Most students, staff, and faculty ride bicycles because they are convenient, inexpensive, and fun. It is important to learn how to be safe when cycling in Davis and to know and follow the rules. Bicycles are considered vehicles under California law, and riders must follow the same traffic safety laws they would when driving, like signaling turns and stops. Riders should always yield when entering a bike circle, signal when exiting a roundabout, and remember that pedestrians have the right of way in crosswalks. For more information about bicycle safety check out taps.ucdavis.edu/bicycle/education



Do I need a license to ride a bicycle?

All bikes on the UC Davis campus must have a current California Bicycle License. Bicycle registration is not strictly enforced but may be helpful if your bicycle is stolen. You can register your bike with UC Davis Transportation Services (TAPS) for \$12. For more information, check out taps.ucdavis.edu/bicycle/licenses

Where can I get my bicycle fixed?

Struggling with a flat tire, rusty chain, or loose brakes? All across campus, you will find self-service bicycle repair stations. Any bicycle shop in town offers repair services, check prices before you go. The Bike Barn on campus provides repairs at low costs. Check out their website at bikebarn.ucdavis.edu



Ride Sharing

Don't have a car and don't feel like taking the bus or riding your bicycle? Sometimes you can find other people on campus looking for a passenger:

Check the Facebook Group: facebook.com/groups/UCDavisRideSharing

Or try Zimride: zimride.com/ucdavis

Mobile apps

On-demand transportation is available most places through an app on your mobile device. It is more expensive than public transportation, but fast and convenient.

Uber: uber.com

Lyft: lyft.com



A great way to get around
WITHOUT A CAR:

“Facebook’s Rideshare group has been amazing in helping me find reliable and cheap transportation provided by other students to destinations like Los Angeles and San Francisco and so many other places!”

Emily Mijangos | Global Affairs Student Assistant

Specialized Ride Services

For individuals with disabilities



The Mobility Assistance Shuttle provides on-campus rides to specified locations for academic or work-related purposes. Only UC Davis students, staff and faculty members with documented disabilities are eligible. Rides are on a first-come-first-served basis and must be scheduled at least 24 hours in advance. To schedule a ride, call **(530) 754-2677** or visit taps.ucdavis.edu/parking/mas

*Wheelchair accessible service is offered at no charge through the
UC Davis Police Department's SafeRides Program*

Safe Rides with the UC Davis Police



Alone on campus and not feeling safe? Safe Ride offers night-time rides from any campus location to any location in Davis. During other hours they provide a ride or walking escort between locations on campus. Call **(530) 754-COPS (2677)** or visit police.ucdavis.edu/safe-rides

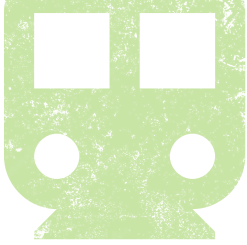
Cars and Driving



Can I

DRIVE LEGALLY IN CALIFORNIA?

You can use your home country driver's license if it is valid, but only for the first few months that you are in the U.S. You cannot drive in California with an International Driving Permit. To get a California Driver License, you must pass both a written exam and a driving exam at the Department of Motor Vehicles (DMV). If taking a driving exam, you must make an appointment prior to arriving at the Davis DMV.



DON'T WANT TO DRIVE? YOU'LL NEED PERSONAL IDENTIFICATION (ID)

It is important for you to carry some form of ID (with your photograph, name, address, and date of birth). You need an ID when you cash a check, open a bank account, register your car, etc. Your passport has this information, but it is not wise to carry it with you on a daily basis because it may be lost or stolen.

You will not be able to drive with only a California ID card, you need a California Driver License.



Where can I

GET A CALIFORNIA DRIVER LICENSE?

The Davis DMV is located at the intersection of 5th St. and Pole Line Rd. The A, P, or Q lines of Unitrans will get you there. If you plan to own a vehicle while living in Davis, you must register your vehicle with the DMV and state law requires auto insurance for all vehicles. You can get information about how to buy and register a vehicle online. Find all the information you need at dmv.ca.gov

Your California Driver License can serve as valid form of identification—you do NOT need to obtain both a California Driver License and a California ID card.

Parking on Campus

Transportation and Parking Services (TAPS) sells campus parking permits and is the office to contact if receive a parking citation on campus. Find out more at taps.ucdavis.edu



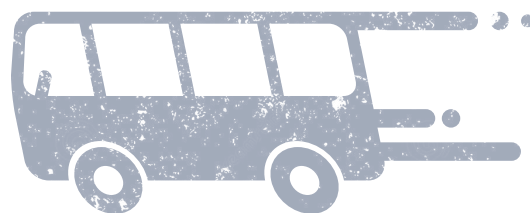
Renting a car

To rent a car in the U.S., usually you must be over 21, but some companies require you to be at least 25 years old. If you're using your home country driver's license, you will likely be asked to show your passport, too. Insurance for your rental car can be confusing, but is very important, so do research ahead of time, or ask about options when renting. Check and see which companies rent in Davis:

localwiki.org/davis/Car_Rental

What are **CAR SHARES?**

There are a few car-sharing services in Davis and Sacramento. Car sharing allows you to sign up through an app, rent a car, and pay for only the time you use—by the minute, hour or day. You will need a valid driver's license. For more information, visit gigcarshare.com or zipcar.com





MONEY *MATTERS*

How Do I Open a U.S. Bank Account?

When living off-campus in a house or apartment, it is usually required that you pay the property manager with a written check. If you prefer, you may be able to open a U.S. account while still doing your primary banking with your home account. When opening up a new account, international students and scholars will generally need documentation that proves their identity and residence in the local area, such as their passport, I-20 or DS-2019, and a lease agreement or utility bill.



BANK LOCATIONS



American West Bank	333 F St., Suite A, Davis, CA 95616	M–Th 9:00 a.m.–5:00 p.m.; F 9:00 a.m.–6:00 p.m.; closed Saturdays and Sundays	(530) 758-6250	Passport and Student ID
Bank of America	325 E St., Davis, CA 95616	M–Th 9:00 a.m.–5:00 p.m.; F 9:00 a.m.–6:00 p.m.; Sat 9:00 a.m.–1:00 p.m.; closed Sundays	(530) 757-5020	Passport and Student ID
Chase	330 E St., Davis, CA 95616	M–F 9:00 a.m.–6:00 p.m.; Sat 9:00 a.m.–4:00 p.m.; closed Sundays	(530) 756-8350	I20 /DS-2019 and Passport
First Northern Bank	434 2nd St., Davis, CA 95616	M–Th 9:00 a.m.–5:00 p.m.; F 9:00 a.m.–6:00 p.m.; closed Saturdays and Sundays	(530) 758-7500	Social Security Number
River City Bank	239 E St., Davis, CA 95616t	M–Th 9:00 a.m.–5:00 p.m.; F 9:00 a.m.–6:00 p.m.; closed Saturdays and Sundays	(530) 753-1131	Social Security Number
US Bank	304 F St., Davis, CA 95616	M–F 9:00 a.m.–5:00 p.m.; Sat 9:00 a.m.–1:00 p.m.; closed Sundays	(530) 756-7283	Passport and \$20
Union Bank	300 E St., Davis, CA 95616	M–Th 9:00 a.m.–5:00 p.m.; F 9:00 a.m.–6:00 p.m.; Sat 9:00 a.m.–1:00 p.m.; closed Sundays	(530) 756-2301	Social Security Number
Wells Fargo Bank	340 F St., Davis, CA 95616	M–Sat 9:00 a.m.–6:00 p.m.; closed Sundays	(530) 756-7660	Passport
Golden 1 Credit Union	508 2nd St. #101, Davis, CA 95616	M–Th 9:00 a.m.–5:30 p.m.; F 9:00 a.m.–6:00 p.m.; Sat 9:00 a.m.–2:00 p.m.; closed Sundays	(877) 465-3361	Social Security Number
Travis Credit Union	1380 E Covell Blvd., Davis, CA 95616	M–F 10:00 a.m. –5:30 p.m.; Sat 10:00 a.m.–2:00 p.m.; closed Sundays	(800) 877-8328	Passport
University and State Employees Credit Union	200 B St., Davis, CA 95616	M–Th 9:00 a.m. –5:00 p.m.; F 9:00 a.m.–6:00 p.m.; Sat 10:00 a.m.–2:00 p.m.; closed Sundays	(866) 873-4968	Social Security Number
Yolo Federal Credit Union	501 G St., Davis, CA 95616	M–Th 10:00 a.m.–6:00 p.m.; Sat 10:00 a.m.–2:00 p.m.; closed Sundays	(530) 297-6700	Social Security Number

MONEY MATTERS

for International Students
and Scholars



..... CONSIDERATIONS WHEN CHOOSING A BANK



Branch locations – nationwide availability or primarily local
ATM locations – on or close to campus, or close to where you live
Can your home country bank access your U.S. account?

WHAT TO BRING WHEN OPENING A BANK ACCOUNT

- ☐ Money to deposit
- ☐ Your passport
- ☐ Printout of Form I-94 (arrival/departure record) or I-94 card
- ☐ Form I-20 (F-1 student) or Form DS-2019 (J-1 exchange visitor)



Local mailing address (one of the below):

- ☐ Signed lease agreement
- ☐ Utility bill



BANKING TIPS



Using credit and debit cards is very common in the U.S.

Some businesses may require a minimum purchase amount in order to use cards, **otherwise there may be a small additional fee**

Some businesses may be cash-only

When using a credit card, some businesses may ask for I.D.

For safety reasons, do not carry large amounts of cash (\$50+)

FORMS OF PAYMENT

DEBIT CARD

- You can pay for goods and services directly from your bank account
- The amount you have in your bank account is the maximum amount you can pay for using your debit card
- It is **NOT** a credit card

CHECKS

- You can pay bills (typically rent and utilities) with personal checks

CASHIER'S CHECKS

- Check drawn from bank's own funds, signed by a cashier or teller, so the bank guarantees payment
- Can be obtained from most banks and credit unions
- Usually used for large purchases such as a car, or putting down a deposit for an apartment or house rental

MONEY ORDERS

- Pre-paid amount of money that is guaranteed by a third party, like the post office, Walmart, or Western Union
- Can be obtained at Walmart, U.S. Postal Service (USPS), banks and credit unions, convenience stores, supermarkets, drug stores/pharmacies (Walgreens, Rite Aid, CVS, etc.)

CREDIT CARD

- Discuss with your bank first about getting a credit card
- Most international students and scholars may find it difficult to get a U.S. credit card because they have not established a credit history
- Credit history –
 - You can establish by paying your rent and bills on time, not overdrawing your bank account. Use a third-party company (like RentTrack.com or RentReporters.com) to verify that you're paying rent on time. Late or missed payments and overdrafts may negatively affect your credit score.
 - You can try to get a secured credit card if you are having difficulty obtaining a regular credit card
- Beware of the APR (interest) rate, which can be very high (22%+)
- You may receive mail about applying for credit cards

WIRE TRANSFERS

- Method of transferring funds from one bank account to another
- Wire transfers typically take 2-5 business days
- Have your U.S. bank details on hand when you are arranging a wire transfer
- Be careful of scams when using a wire transfer; they are untraceable once sent and not refundable

..... AUTOMATED TELLER MACHINES (ATMS)

- Use ATMs affiliated with your bank as much as possible, otherwise you will be charged extra fees
- Must use a debit card at ATMs to withdraw cash
- Can also deposit checks at ATMs
- Your bank will have a limit on how much cash you can withdraw from an ATM per day





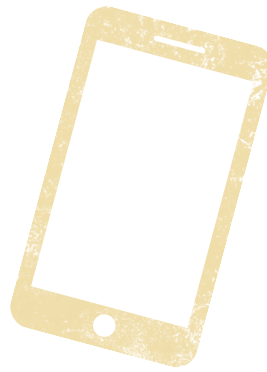
Where can I

GET CASH AND EXCHANGE MONEY?

Exchanging money can become very expensive with interest rates or fees. Our advice is to withdraw money directly from any U.S. ATM to avoid excessive fees. If you use a debit card from home, let your bank know that you will be using it in the United States. There may be a fee—many ATMs charge a nominal fee for withdrawal if your debit card is not affiliated with their bank. Not all U.S. banks accept foreign ATM cards.

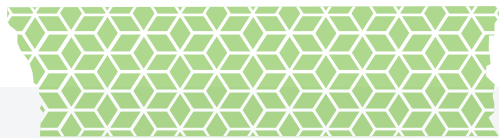
What's the Difference Between a Bank and a Credit Union?

Both banks and credit unions let you open a checking or savings or account, but fees and interest rates can vary depending on the institution you pick. Credit unions are different because they are non-profit organizations and you must be a member. Check with the Davis banks and credit unions to find the best option for you. It is also a good idea to talk to your bank in your home country to see if they have a partnership or affiliation with a bank in the U.S. Sometimes this can make handling your money easier.



Money Transfer Apps

Some businesses or individuals use mobile apps to send or receive payment. It is not as secure as using your bank, but it is fast and convenient.



An app that links to your bank account or your debit card to your Venmo account in order to make or request payments with other Venmo users. Money received through Venmo can be transferred back to your bank, but Venmo can only be linked to U.S. mobile numbers and U.S. bank accounts and can only be set up from inside the U.S. Check it out at [**venmo.com**](https://venmo.com)



An online payment system where you can send and receive payments from other PayPal users. You can also buy from online retailers using PayPal account. PayPal offers secure payment exchanges to prevent fraudulent transactions. Check it out at [**paypal.com**](https://paypal.com)

Social Security Numbers

Who has to pay taxes and when should you file?

Every international student or scholar in the U.S. is required to file a tax return as a condition of your visa, but not everyone will pay taxes to the American government. According to the requirements of the Internal Revenue Service (IRS)—a federal government agency—all international students and scholars should plan to declare their income (or lack of income) to the federal government every year in April by filing a tax return.

At the beginning of each year, you might receive documents—usually by mail—that are used to calculate any tax responsibility you may have for earnings during the previous calendar year (January-December). You will need to determine and file any taxes, so check out

sisss.ucdavis.edu/financial/general-tax-information



HOW TO GET HELP WITH TAXES

Taxes can be confusing, even for those who have lived in the U.S. for a long time. SISS provides access to tax software and trained tax professionals through GLACIER Tax Prep, for Federal taxes only. It is your decision on whether to use this service or to find your own resources.

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HEALTH *AND* WELLNESS

Where Can Students Go On Campus For Medical or Health Needs?

UC Davis Student Health and Counseling Services (SHCS) provides a wide variety of medical, mental health, and wellness services to all registered UC Davis students, regardless of insurance coverage. Most routine medical and mental health services are provided through scheduled appointments; urgent care is available without appointment during normal hours of operation. Contact SHCS at **(530) 752-2349** to make an appointment or to access Advice Nurses at any time. Learn more at shcs.ucdavis.edu

What are **ADVICE NURSES?**

Advice nurses are a complimentary service with most health plans. You can call in to talk to a registered nurse about non-urgent health questions. They will give advice or recommendations and schedule an appointment for you if needed.



Do I Need to Buy Health Insurance?

UC Davis students are required to have health insurance coverage that is valid in the U.S. All registered students are automatically enrolled in the UC Student Health Insurance Plan (UC SHIP), with fees billed to the student account, so be sure to visit shcs.ucdavis.edu/insurance-services. If you are already covered by a health insurance plan, you can waive enrollment in UC SHIP by submitting a waiver application. **There is a deadline to say no to UC SHIP**—you must submit the waiver form before the start of each new academic year shcs.ucdavis.edu/insurance/waiver

Scholars and families

- Immigration regulations require J-1 scholars and their J-2 family members to carry medical insurance for the duration of their program. Learn more at siss.ucdavis.edu/health-insurance-j-1
- Scholars employed by UC Davis may receive health benefits through UC Davis. Scholars with postdoctoral scholar position titles will enroll in the Postdoctoral Scholar Benefits Plan. Learn more at siss.ucdavis.edu/health-insurance-postdoctoral-scholars

In these two cases, scholars should check with their UC Davis department if they have questions about health benefits.

- Scholars who are not employed by UC Davis or do not hold a postdoctoral scholar position title must purchase health insurance on their own for themselves and their family. More information can be found at siss.ucdavis.edu/health-insurance



UC DAVIS STUDENT HEALTH AND WELLNESS CENTER

Address: 930 Orchard Rd, Davis, CA 95616

Hours: Open Monday, Tuesday, Thursday, and Friday 8 a.m.—5:30 p.m.;
Wednesday 9 a.m.—5 p.m.; closed on weekends

Reduced cost for enrolled students, others pay higher fee and not all insurances accepted.

SUTTER URGENT CARE

Address: 2020 Sutter Place, Suite 101, Davis, CA 95616

Hours: Open weekdays 5:30 p.m.—9:30 p.m., weekends and holidays 10 a.m.—5:30 p.m.

Sutter-Davis Emergency Services is open 24 hours a day, seven days a week.

DAVIS URGENT CARE

Address: 4515 Fermi Place, Suite 105, Davis, CA 95618

Hours: Open every day 9 a.m.—9 p.m.



Safety Contacts

UC DAVIS POLICE

911 (Emergency Number)

(530) 754-2677 (Non-Emergency Number)

DAVIS CITY POLICE

(530) 747-5400

cityofdavis.org/city-hall/police-department

UC DAVIS FIRE DEPARTMENT

(530) 752-1234

SAFETY SERVICES & CAMPUS

EMERGENCY MANAGEMENT

(530) 752-1493 and **(530) 752-6463**

safetyservices.ucdavis.edu



What Should I Do in an Emergency?

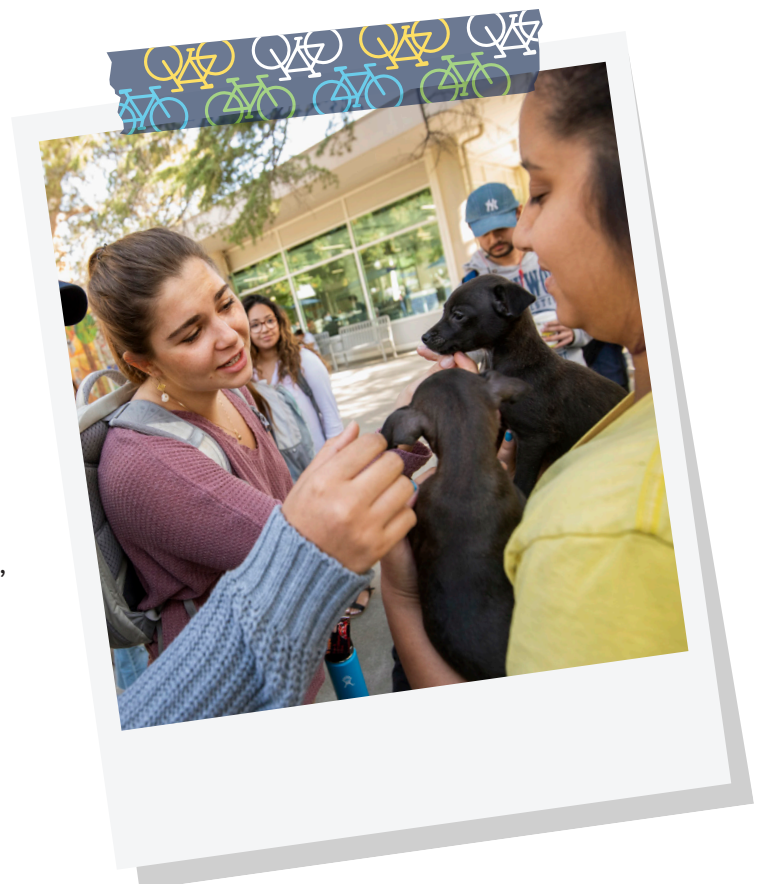
Dial **911** (the standard U.S. emergency number) if you are in a life-threatening situation, like a crime or fire, and require immediate assistance. You can call the UC Davis Police emergency number if you are on campus: **(530) 752-1230**



Health and Wellness Services

Students

SHCS has a variety of wellness services to help you stay healthy and combat stress, like massage therapy, acupuncture, nutrition advice, physical therapy, and ways to quit smoking. There is also a Therapy Fluffies program—each quarter around midterms students can pet and play with dogs to calm down. Learn more at shcs.ucdavis.edu/wellness




WHERE CAN I GET NUTRITION OR DIET ADVICE?

SHCS has an in-house Registered Dietitian that provides nutrition therapy for a variety of health issues including weight management, diabetes, heart disease, eating disorders and gastro-intestinal disturbances. Services are free for SHIP students, \$15 non-SHIP students. Learn more about a nutritionist at shcs.ucdavis.edu/services/nutrition-services

WHO CAN I TALK TO IF I AM FEELING OVERWHELMED OR NEED GUIDANCE?

SHCS offers counseling services to help students realize their academic and personal goals. Meeting with a counselor can help students clarify issues, explore options, and cope with problems more effectively. They provide free, confidential, short-term counseling in both individual and group settings to all registered UC Davis students. Learn more at shcs.ucdavis.edu/counseling-services



FEELING STRESSED OR OVERWHELMED? IN CRISIS?

Help is a text away. You can talk to a trained counselor about anything you need to through the crisis text line—it's free, immediate, confidential, and available 24 hours a day, 7 days a week.

Text "Relate" to 741741 or call (530) 756-5000



Is there support available for **SURVIVORS OF HARASSMENT OR ASSAULT?**

Center for Advocacy, Resources and Education (CARE) provides confidential advocacy, support, and healing services to survivors of sexual harassment and all forms of sexual violence, including sexual assault, intimate partner violence, and stalking. Their services are available for both students and scholars. You can reach them at care.ucdavis.edu

UC Davis offers several different confidential resources for victims of sexual violence, like CARE, the Women's Resource and Research Center (WRRC), and the Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual (LGBTQIA) Resources Center. If you want to maintain as much control over your situation as possible, we recommend contacting the CARE or one of the other campus confidential resources (like the WRRC) for advice and support. These offices are not required to report incidents of sexual violence or harassment to the university. Learn more at sexualviolence.ucdavis.edu/get-support

Is There a Safe Space To Talk?

The Ombuds Office helps the UC Davis community solve problems that range from overcoming simple, practical difficulties to handling sensitive, complex issues, including cultural misunderstandings, interpersonal difficulties, and health and safety concerns. Learn more at ombuds.ucdavis.edu

Safety and The Law

Alcohol and Tobacco

In the U.S., the minimum drinking age is 21. Consuming alcohol before turning 21 is illegal and could result in legal action. Drunk driving is also a serious criminal offense that could be a consequence of misusing alcohol and can result in high fines, jail time, and having your driver's license suspended. For international students and scholars, legal trouble could affect your visa status and could even result in your visa being revoked.

Under California law, you must be 21 years of age or older to purchase any tobacco products (including smokeless tobacco and electronic smoking devices). Additionally, UC Davis is a smoke and tobacco free campus.

Drugs

Cannabis (marijuana) is legal in California for adults 21 years of age and older, however use or possession of marijuana is illegal under federal law. Immigration laws reflect standards of federal law. You can be deported or barred from entry into the U.S. for evidence of cannabis use or planned cannabis use. When you enter the U.S. at an airport or border, your social media accounts, texts, and email are all subject to search. Evidence of cannabis use (such as photos or texts to friends about buying or using) can be reason enough for agents to refuse entry. Please use extreme caution when joking about drug use or illegal activity on your social media accounts, texts, or phone.

University of California policy prohibits cannabis on campus and in campus housing at all times.





UC DAVIS WARNME

If there is an emergency on campus or in the area, WarnMe will tell you the nature of the emergency, provide instruction and refer you to a source for more information. WarnMe uses faculty and staff work contact information from the university's directory as well as student's UC Davis email addresses to send alerts. Students and scholars should sign up at warnme.ucdavis.edu.

How To Report a Crime

In an emergency when you need immediate assistance, please call **911** or the UC Davis Police Department at **(530) 752-1230** (Davis), or **(916) 734-2555** (Sacramento).

For other crimes—like theft, vandalism, lost passport—the UC Davis Police Department has an online system that allows you to submit a report and print a copy of your preliminary report. Learn more at police.ucdavis.edu/online-crime-reporting

If you experience or witness an incident of hate or bias or discrimination or harassment, please report it. You can also do it anonymously if you choose reporthateandbias.ucdavis.edu



How can I

PREVENT SCAMS OR FRAUD?

Scams are dishonest, illegal schemes to make money. We hope you will never be contacted by someone attempting to “scam” or defraud you of your money, but unfortunately, there are people who attempt to take advantage of international students and scholars. Learn how to identify a scam and avoid falling victim to the scheme: siss.ucdavis.edu/scams

What Are Driving Infractions?

If you receive a traffic ticket for a moving violation such as driving above the speed limit or running a red light, it is helpful to know your rights. Learn more at siss.ucdavis.edu/government-legal-resources

If you owe money or want to challenge a ticket, it is important to respond quickly within the dates stipulated on the ticket. Your insurance rates may go up for any infractions for which you are found guilty. Learn more at courts.ca.gov/8452.htm



PREPARING *FOR* **SUCCESS**



VISA *AND* IMMIGRATION ADVISING

SISS supports incoming and current international students and scholars and their families with visa and immigration issues. In addition to preparing the necessary documents to apply for a U.S. visa, SISS supports international students and scholars in maintaining their legal status and accessing benefits for their status while here. All international students and scholars have SISS advisors; more information about advising appointments and student drop-in hours is located on our website.

How Can I Talk To an SISS Advisor?

Advising Appointments

You may schedule an appointment with an advisor Monday through Thursday from 9 a.m.–12 p.m. and 1 p.m.–4 p.m. Please make an appointment by visiting the SISS front desk or by calling **(530) 752-0864, extension 0.**





Drop-In Advising

Students can see an advisor during our drop-in periods (“drop-in” means you don’t need an appointment). These meetings are reserved for quick issues that should take no more than 10 minutes. Advisors help students with issues on a first come, first-served basis.

Location: 3rd floor of the International Center

SISS Hours: Monday through Friday, 9 a.m.–12 p.m. and 1 p.m.–4 p.m.

Drop-in Hours: Mondays and Thursdays, 1 p.m.–3:45 p.m.

You are encouraged to call, email, make an appointment, or come to drop-in hours when needed.

All undergraduate F-1 and J-1 international first-year, transfer, and exchange students will be required to enroll in the SISS Online Extended Orientation program through Canvas, the university’s online learning platform. Extended Orientation helps international students new to UC Davis understand the complex relationship between their immigration status requirements and university policies in order to maintain good status in both areas. The course is available approximately three weeks after school begins and must be finished prior to Thanksgiving break. There is no fee for the program. You will receive enrollment instructions through your UC Davis email.




ADJUSTING *TO A* NEW EXPERIENCE

How Does U.S. Grading Work?

UC Davis has two types of grading systems. One is based on letter grading and the other is a pass or no pass grading system. At the end of each academic quarter, the letter grades will be assigned a grade point and will be used to calculate your Grade Point Average (GPA). Your GPA is numeric evaluation of your academic performance at Davis. GPAs are often used when applying for jobs, scholarships and academic programs.

Students are given a letter grade between A and F. If you receive an A, it has a grade score of 4 and is considered excellent. The letter grade B has a grade score of 3 and is considered good. The letter grade C is considered fair and has a grade score of 2. Letter grades D or F are considered unsatisfactory, they have a grade score of 1 and 0. Depending on your major, you may be required to repeat them. The second grading system gives a Pass or No Pass instead of a letter grade (P/NP). Some classes are only offered on a P/NP basis.





What is the **QUARTER SYSTEM?**

The school year is split into three quarters, fall, winter and spring. Each quarter is 10 weeks long, followed by a week reserved for final exams. On average, students take 3-4 courses a quarter, depending on the level of difficulty. There are also two six-week summer sessions for students looking to get ahead or stay on track.

Should I Go To Instructor Office Hours?

Instructors schedule 2-3 hours a week throughout the quarter to meet with students. Office hours are a great opportunity to ask about class material and get guidance on what to review before exams. It's a good way to get to know the professor, learn about research opportunities and get career advice. Office hours are listed on the syllabus, but can change depending on the professor's schedule.



DOWNLOAD UC DAVIS MOBILE!

The official UC Davis mobile app provides students, faculty, and staff with all the campus resources they need, like Canvas, Schedule Builder, email, and real-time Unitrans schedules.

Are There Any Classes or Programs To Help Me Adjust To School?



Foundations for Success for International Students

This course is designed to help international students adapt to UC Davis and American life. It is an optional year-long series of seminars for new international students offered by the School of Education and Services for International Students and Scholars (SISS). Topics include: academic expectations, quarter system, American cultural celebrations, academic writing rules, conduct expectations, culture shock, friendships, campus involvement, and time management. (The class is 2 units, Pass/No Pass grading.)

First-Year Seminars

First-Year Seminars are small, innovative classes that reflect the instructor's intellectual interests. Limited to 19 students each, these courses promote intellectual exchange, critical thinking, and community about exciting topics ranging from honey bees to zombies to stinky cheese. Sign up at fys.ucdavis.edu

First-Year Aggie Connections

All incoming first-year and transfer students can participate in the First-Year Aggie Connections (FYAC) program. A Connection is a group of 25 students with a common interest or theme and provides an opportunity to have an immediate, small support network among a large student body. Each Connection has a staff or faculty facilitator along with a peer mentor who helps first-year students transition to UC Davis campus culture. Learn more at success.ucdavis.edu/centers-and-programs/aggie-connect



Global Ambassador Mentorship Program

This program helps incoming first-year and transfer international students successfully transition to life at UC Davis. Global Ambassadors are undergraduate students that act as mentors and, most importantly, as friends to help new international students excel in their new lives as UC Davis students. Participants, or mentees, will be able to share their culture and values with their mentor and receive support from them. Through this community of cultural exchange and by participating in our social events that the Global Ambassadors offer, new students will develop close connections with new friends and feel at home in their new community. Become a mentor or mentee at siss.ucdavis.edu/global-ambassador-mentors

Pal Program

The Pal Program pairs undergraduate students for intercultural conversation. Meetings with a partner can be used to practice language, explore campus and enrich your college experience. Join today at iae.ucdavis.edu/undergraduate/pal





ACADEMIC ADVISING *AND* ASSISTANCE

Academic Assistance and Tutoring

Academic Assistance and Tutoring (AAT) provides academic support to undergraduate students enrolled in biology, chemistry, economics, mathematics, physics, statistics, and writing across the disciplines. Professional staff offer classes, workshops, and office hours. In addition, there are undergraduate tutors that provide drop-in service for students enrolled in math, science, and writing across the discipline courses. Get help at

success.ucdavis.edu



Academic and Staff Assistance Program

The Academic and Staff Assistance Program offers confidential, cost-free counseling services including assessment, intervention, consultation, and referral services to all UC Davis and UC Davis Health faculty, staff, and their immediate families. Find out more at hr.ucdavis.edu/departments/asap

UC Davis Language Center

The UC Davis Language Center (DLC), located on the bottom floor of Olson Hall, is the central support site for language teaching, testing, learning, and research. The Center maintains specialized, media-equipped classrooms and computer laboratories available for instructors and students. Learn more at ucdlc.ucdavis.edu

Graduate Academic Advising

All international graduate students have Graduate Coordinators specifically assigned to them depending on field of study. International students can find the contact information for their coordinator on the UC Davis Graduate Programs website. Graduate Coordinators will help you to understand and navigate UC Davis policies relevant to your department and work with your SISS International Student Advisor regarding your F-1 benefits.

Student Disability Center

The Student Disability Center receives all requests for reasonable accommodations, approves disability related services, and coordinates support for students with disabilities to ensure equal access to the university's educational programs. Learn more at sdc.ucdavis.edu



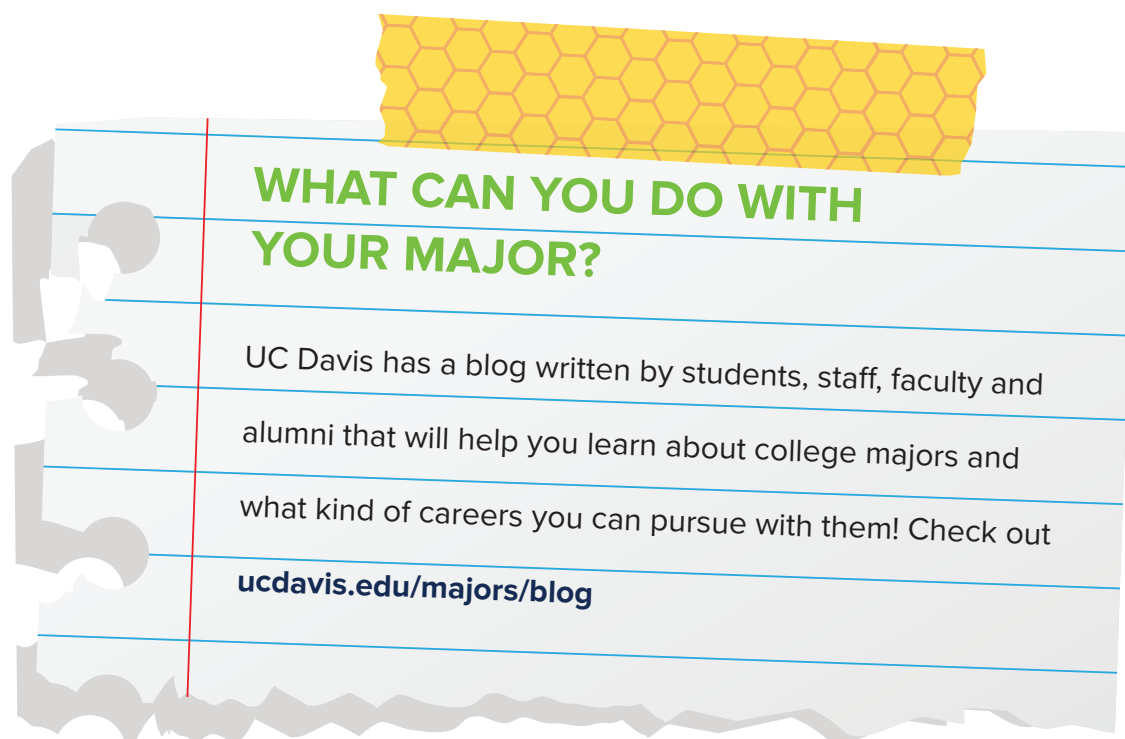
Resident Hall Advising



The Residence Hall Advising Team (RHAT) is comprised of peer advisors from the college dean offices and the First-Year Experience Program in Student Housing. RHAT provides academic advising to students in the residence halls through Academic Advising Centers and academic programs in each living area: Segundo, Tercero, and Cuarto. RHAT provides drop-in advising to help students plan their course schedules, talk about major interests and options, discuss academic progress, and much more. Tutoring in math, chemistry, and writing is also available in the Academic Advising Centers. Learn more at rhat.ucdavis.edu

Success Coaching and Learning Strategies

Whether you are a first-year transitioning to our research university and the quarter system, or a fourth year wanting to maximize your last year and prepare for what's next, the Office of Educational Opportunity and Enrichment Services has workshops and trainings that can help you reach your goals. Their workshops cover time management, academic skills, and life skills topics. Learn more at opportunity.ucdavis.edu/services/scls





Frequently Asked **QUESTIONS**

HOW DO I CHOOSE MY CLASSES?

Schedule Builder is the class planning and registration tool available through the myucdavis portal that allows you to search, build class schedules and register for classes, all in one place. You need your kerberos ID and password to log-in, at registrar.ucdavis.edu/registration/schedule

WHERE CAN I BUY MY BOOKS?

There are many places to buy or rent textbooks, like the UC Davis Textbook Marketplace Facebook group or Amazon. UC Davis Stores can help you find the textbooks you need, explain textbook rentals and buybacks, and makes navigating course materials easier. Check out the Course Material FAQs under the Shop section of their website at ucdavisstores.com

WHERE CAN I STUDY?

There are plenty of great spots to study on campus, like the Student Community Center, Residence Hall Study Lounges, even the International Center. The Shields Library provides 24-hour access to study space year-round, including expanded locations to accommodate peak study times (e.g. finals). Learn more at library.ucdavis.edu

HOW CAN I USE THE LIBRARY?

The UC Davis Library supports research, teaching and learning in every discipline. It encompasses four main libraries: Peter J. Shields Library, Physical Sciences & Engineering Library, Carlson Health Sciences Library and Blaisdell Medical Library. Student library accounts are automatically active and renew quarterly with current registration. Faculty and staff may activate their accounts at the library or online. Users unaffiliated with UC Davis may apply for library privileges at the library, at library.ucdavis.edu/services



Undergraduate Academic Advising

All international undergraduate students have international academic advisors specifically assigned to them in each college. Advisors are your first resource if you are having academic difficulty. Contact information can be found by logging onto the Online Advising Student Information System (OASIS). Your international academic advisor can assist you with: degree and general education requirements, course planning for your first year, academic policies, regulations, and petitions. Check out academicadvising.ucdavis.edu



More Frequently Asked

QUESTIONS

ARE THERE SHARED COMPUTERS OR PRINTERS AVAILABLE ON CAMPUS?

There are computer rooms available on campus where you can access specialized software for video and audio editing, design, programming, etc. These computer rooms also offer low-cost printing. Find them and check prices at computerrooms.ucdavis.edu

WHERE DO I GO FOR IT HELP?

Information Education Technology (IET) offers technical support services to faculty, students, and staff and provides support for various software and campus applications, the latest Windows and Macintosh Operating Systems, email clients, and web browsers. Find them at iet.ucdavis.edu

HOW DO I CONNECT TO CAMPUS WI-FI?

Once you are on the UC Davis campus (or any UC campus) you can connect to campus Wi-Fi network eduroam, you just need to enter your kerberos ID @ucdavis.edu and password.



FINDING *YOUR* COMMUNITY



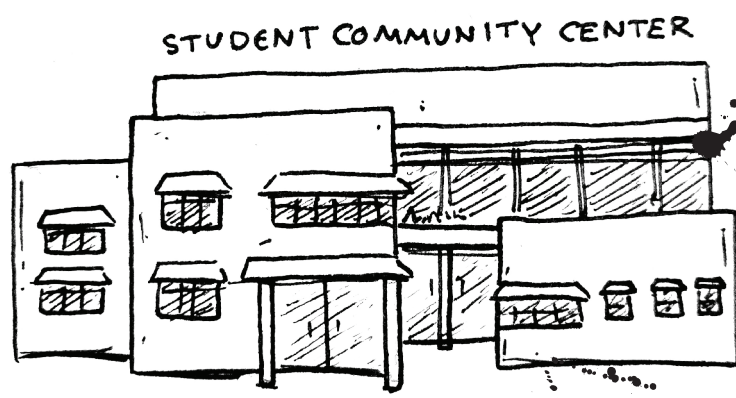


STUDENT COMMUNITIES ON CAMPUS

Services for International Students and Scholars (SISS), within Global Affairs, is helping to build a campus community that includes more than 10,000 students and scholars from over 140 countries and six continents. There are many places on campus where you can connect with others who share a similar passion, interest, or background.

AB540 and Undocumented Student Center

The AB540 and Undocumented Student Center empowers undocumented students, their families and members of the community in being informed leaders and active participants in our communities. Learn more at undocumented.ucdavis.edu



Cross Cultural Center (CCC)

The CCC provides a culturally relevant community space where student voices can be expressed and respected. They identify resources available on and off-campus for students of color. These spaces are where we are able to find community, explore our identities, and celebrate our cultures. Learn more at crossculturalcenter.ucdavis.edu

Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual (LGBTQIA) Resource Center

The LGBTQIA Resource Center provides an open, safe, inclusive space and community that promotes education and self-exploration about all sexes, genders and sexualities and their intersections with other identities. Learn more at lgbtqia.ucdavis.edu





Student Recruitment and Retention Center (SRRC)

The SRRC's student-run and student-initiated programs foster academic and personal development while raising political and cultural awareness for youth and college students. They educate, engage and empower students to act as leaders for their communities. Learn more at srcc.ucdavis.edu

Women Resource and Research Center (WRRC)

The WRRC is a place for students and the Davis community to learn about resources and to attend educational programs that focus on gender equity and social justice. It is a great place to meet friends and get involved with on-campus events and student organizations working to address sexism, cissexism, and all forms of oppression. Learn more at wrrc.ucdavis.edu



Club International

Club International (“Club-I”) at the International House, Davis is a group of international and American students that plan activities throughout the year, including trips around California, cultural dinners, potlucks and parties. They meet every Friday evening, usually somewhere in Davis, to socialize and have fun. Find out how to join at internationalhousedavis.org/programs/club-international

Associated Students of The University of California, Davis (ASUCD)

ASUCD is a student government organization that hosts annual events on campus for undergraduate students. They also manage on-campus units that provide services for UC Davis students including their own radio station, the bike barn and a student-run video production studio, Aggie Studios. It’s a great chance to get involved, as they frequently list volunteer and paid positions made available exclusively to UC Davis students. Students that have joined ASUCD have been able to receive different leadership opportunities like student government experience, writing for the school newspaper and have even help create campus logos through their creative media department.



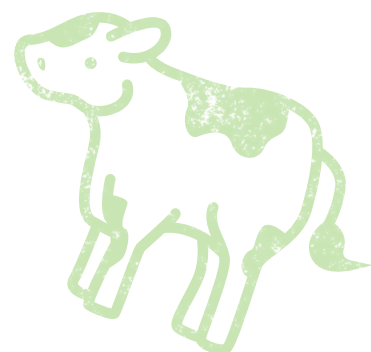


Aggie Pack and UC Davis Athletics

The Aggie Pack is a student run organization that attends UC Davis Athletic events in order to cheer on sports teams. Membership is free to join and is a great chance to make new friends while enjoying campus events at Aggie Stadium and other sport facilities.

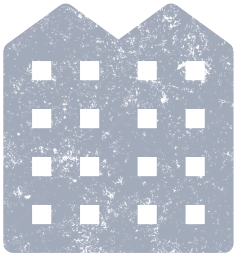
Center For Student Involvement

The Center for Student Involvement (CSI) can help you find a student organization to join or will help you start your own! UC Davis has more than 800 student organizations. If you are interested in something, you can probably find others here who share your interests. You can learn more and find a searchable list of UC Davis student organizations at aggielife.ucdavis.edu/organizations





JOBS *AND* INTERNSHIPS



WORKING *IN DAVIS*

Working On-Campus

F-1 students may work on-campus without work authorization during times that they are active students in good standing. J-1 students may work on-campus during times that they are active students in good standing, but must have work authorization from SISS prior to the employment start date. Please note that students may only work part-time during the academic year (20 hours per week or less).

Working Off-Campus

F-1 students may become authorized for Curricular Practical Training (CPT) or Optional Practical Training (OPT). J-1 students may become authorized for Academic Training (AT).

Always consult SISS before starting an internship or a job if you are an F-1 student to obtain authorization for CPT (Curricular Practical Training), OPT (Optional Practical Training) or AT (Academic Training) if you are a J-1 student.



Internship and Career Center

The Internship and Career Center (ICC) provides experiential education and career services to students and recent alumni through collaboration with the campus community and employers. They provide workshops and programs that allow for professional development and help students with career decisions and exploration. Each quarter, they host an internship and career fair where many companies and organizations come to campus to recruit students. There are even specific programs to help international students prepare for the fair.

Learn more at icc.ucdavis.edu

Hours and location: Monday through Friday, 10 a.m.–4 p.m. at South Hall

1st floor– student employment

2nd floor– career advising

3rd floor– on-campus recruiting





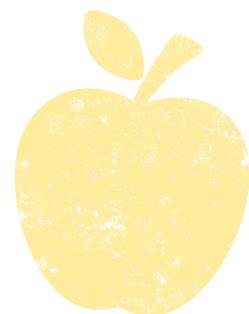
Center For Leadership Learning

The Center for Leadership Learning (CLL) aims to educate and cultivate the next generation of leaders who have a strong sense of self-awareness, the ability to work effectively with others, and who are civically and socially engaged. The CLL holds a variety of curricular and co-curricular programs and workshops open to all undergraduate students. Learn more at cll.ucdavis.edu



GradPathways

Graduate Studies offers opportunities and support for professional and career development. This comprehensive program is designed to help graduate students and postdoctoral scholars succeed both at UC Davis and in their chosen career paths. Scholars must check with SISS before engaging in non-UC Davis employment. Learn more at grad.ucdavis.edu/professional-development







WHAT TO DO ON CAMPUS

UC Davis Arboretum and Public Garden

With over 100 acres of beautiful gardens, the Arboretum is ideal for active recreation or peaceful contemplation. It's also a perfect place for a quick run, a quiet study session, or just a walk to think or have a chat. Learn more at arboretum.ucdavis.edu

Calling all **MUSIC LOVERS:**

“Every other Friday, check out the Folk Music Jam Session in the Arboretum. It’s an opportunity to spectate or practice your craft! For more information, go to arboretum.ucdavis.edu/folkmusic”

Jennifer Wade | *Communications and Development
Manager for Global Affairs*



Museums

Bohart Museum of Entomology

The Bohart Museum is dedicated to teaching, research, and service. It also hosts the seventh largest insect collection in North America, worldwide in coverage. The collection holdings total more than seven million specimens of terrestrial and freshwater arthropods. Learn more at bohart.ucdavis.edu

C.N. Gorman Museum

Dedicated to the creative expressions of Native American and indigenous artists and artists of diverse cultures and histories. Learn more at gormanmuseum.ucdavis.edu

Jan Shrem and Maria Manetti Shrem Museum of Art

The Manetti Shrem Museum cultivates transformational art experiences to inspire new thinking and the open exchange of ideas. Serving both the public and our university community with a dynamic artistic program, the museum presents exhibitions and events that advance students' understanding of their place in the world, connects to faculty teaching and research, and creates a lively forum for community engagement and creative practice. Learn more at manettishremmuseum.ucdavis.edu

Mondavi Center For The Performing Arts

The Mondavi Center presents musical concerts, dance performances, plays, and lectures, many featuring world-renowned artists. All UC Davis students receive one free ticket to the Mondavi Center event of their choice, as well as half-off all ticket prices and a \$10 student rush on performance days. Learn more at mondaviarts.org





Feels like New York **IN DAVIS:**

“UC Davis is a global campus and we are lucky to have two world-class offerings right here in the Jan Shrem and Maria Manetti Shrem Museum of Art and the Robert and Margrit Mondavi Center for the Performing Arts. Each bring fantastic art, music and performances from all over the world—and remind us of the importance of experiencing different perspectives. I hope to see you at a show or exhibit soon!”

***Joanna Regulska | Vice Provost and Associate
Chancellor of Global Affairs***

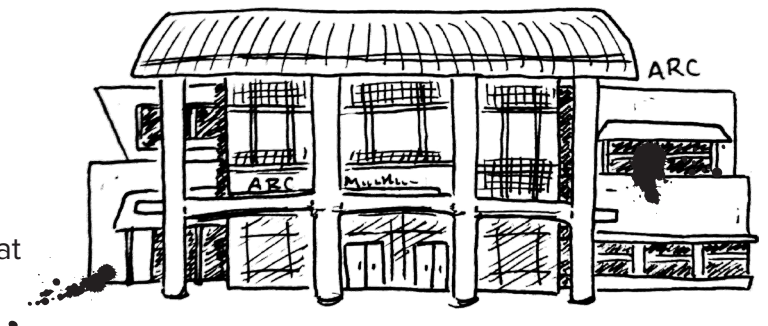
Campus Recreation

Activities and Recreation Center (ARC)

The ARC is a gymnasium on campus available to UC Davis students at no additional cost. They offer cardio and weight machines, an indoor track, and multipurpose rooms that can be used to practice dance, martial arts and other physical activities like basketball and badminton.

Craft Center

The Craft Center is an on-campus studio where they offer year round arts and crafts, ceramics, flame-working and jewelry classes. Learn more at cru.ucdavis.edu/craftcenter



Equestrian Center

You can ride horses while at UC Davis through the Equestrian Center, which has facilities and classes that are open to beginning and experienced riders. Learn more at cru.ucdavis.edu/equestriancenter

Memorial Union

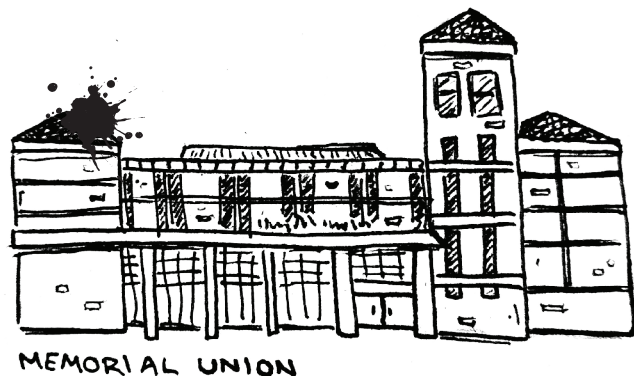
The Memorial Union is the home to a variety of student services and programs, including the Center for Student Involvement. There are also study lounges, meeting rooms, and a games area that includes bowling, billiards, console gaming, and board games. Learn more at memorialunion.ucdavis.edu

Recreational Sports

UC Davis students can compete against each other for fun and recreation in more than 27 different sports and activities! Learn more at campusrecreation.ucdavis.edu/recreation/recreation-sports

Recreational (Rec) Pool

The Rec Pool has multiple areas for diving and swimming, including lap lanes. It's a great place to splash or lounge with friends. Learn more at campusrecreation.ucdavis.edu/recreation/aquatics/recreation-pool



Confucius Institute

The first in the world to focus on Chinese food and beverage culture, the Confucius Institute within Global Affairs brings both modern and traditional cultural events and workshops to our campus and greater community. Complementing UC Davis' unique strengths in food sciences, viticulture and enology, and agriculture, the Confucius Institute, promotes understanding of Chinese food and beverage culture, encourages conversation between industries, and creates a community around art, culture, food and tea. Learn more at confucius.ucdavis.edu



WHAT TO DO OFF CAMPUS

Culture, Food, and Outdoor Adventures

Davis, Sacramento and the surrounding areas boast a fair amount of history and culture—from museums and movie theatres to world class bike trails and delicious restaurants. There is too much to list it all, but our staff and students have some of their favorite recommendations for you!

- For ideas in Davis, search **The Davis Enterprise**, **The California Aggie**, or the **UC Davis Calendar**
- For things to do in Sacramento, check out **sacramento365.com**
- For restaurant reviews and recommendations, visit **yelp.com**

BIG SCREEN, SMALL PRICE:

“Movies at the Regal theaters in Davis are \$5.95 all day on Tuesdays, if you have a Regal card and a student ID! The lines may be a little long, but the wait is almost always worth it.”

Rebecca Spin | **Global Affairs Student Assistant**

HISTORY IN OLD SACRAMENTO

“For a great glimpse at California and U.S. history, go to the California State Railroad Museum in Old Sacramento (easy bus and train connection). Lots of replicas and knowledgeable guides.”

Robb Davis | *Director of Intercultural Programs for Global Affairs*

TACO TUESDAY

“You have to check out Cantina Alley in midtown Sacramento. It has some of the best Mexican food in all of Sacramento at such low prices you will never leave hungry and unsatisfied! It is Mexican street food at its finest.”

Mary Aluwar | *International Scholar Advisor for SISS within Global Affairs*

A TASTE OF AUSTRIA IN DAVIS

“For some excellent pastries, head out of downtown and along 5th street to Konditorei Bakery. A charming Austrian café with delicious European espresso and pastries hidden between apartment buildings...it’s easy to miss if you’re not actively seeking it out!”

Dana Armstrong | *Program Coordinator and Advisor for Study Abroad within Global Affairs*

SATISFYING A SWEET TOOTH

“Do you love desserts? Have I got the place for you in downtown Sacramento. Make sure to check out Rick’s Dessert Diner. Nothing but delicious desserts! The options are endless to satisfy your sweet tooth!”

Mary Aluwar | *International Scholar Advisor for SISS within Global Affairs*



How Can I Have an Adventure in Nature?

Outdoor Adventures is a program by UC Davis Campus Recreation that offers classes and trips around California that take you rock climbing, kayaking, outdoor rafting and backpacking. These classes are offered several weeks of the quarter and have an additional fee. Learn more at memorialunion.ucdavis.edu/classes-and-trips

Check out Big People Park and Slide Hill Park to pretend you're like a kid again :)

Best LOCAL HIKE:



"I love to hike in the Stebbins Cold Canyon Reserve! It contains the closest hiking trails to Davis (approximately a 35-minute drive) and you have amazing views of Lake Berryessa. Just be careful with poison oak!"

Adélaïde Chopard | *Executive Analyst for the Vice Provost and Associate Chancellor, Global Affairs*



WATER SPORTS IN SACRAMENTO

The Sacramento State Aquatic Center is a nice day trip if you like bike trails and water sports. It's connected to the Lake Natoma bike loop, near the Nimbus Fish Hatchery (also a nice stop). You can rent kayaks, canoes, hydro bikes, and stand up paddle boards.

Erin Schlemmer | Program Coordinator and Advisor for Study Abroad within Global Affairs

Where Can I Find an International Community?

International House Davis (I-House) is a non-profit community-based organization (that is not an official part of UC Davis). With a mission to promote respect and appreciation for all people and cultures, I-House encourages a global community by providing opportunities for cross-cultural interaction and exchange through programs, activities, and services for international students and scholars, international visitors, community members, businesses, and academic institutions.

Where can I go to

PRACTICE MY RELIGION OR JOIN A SPIRITUAL ORGANIZATION?

Davis is a small but diverse community. There are many different religions represented in Davis and nearby Sacramento, and many places of worship and religious and spiritual organizations.

Website (Davis): localwiki.org/davis/Religious_and_Spiritual_Organizations

Website (Sacramento): localwiki.org/sac/Religious_Organizations



EVENTS AND OPPORTUNITIES

At Global Affairs, we welcome the world to UC Davis. Part of that means helping our international students and scholars create a home away from home. There are a number of events and opportunities on campus and throughout the region to help you find your community and enjoy your time here.

The Global Learning Hub

Studying in the U.S. is just one of the many global experiences you can have while at UC Davis. Through the Global Learning Hub within Global Affairs, every UC Davis student can find global learning opportunities on campus, in the region, and in communities locally and around the world—through academic courses on campus or abroad, community service, internships, research, student clubs, the living and leading student residential community, and more. Check out the online global learning search tool to see how you can get involved, at globallearning.ucdavis.edu



What does global learning LOOK LIKE?

International student Radhika Marwaha received a grant through the Blum Center for Developing Economies within Global Affairs to travel to India and continue her work with a student club, Project RISHI.



International students and former Global Ambassadors Jonathan Su and Jeremy Chuardy took a taste from their home countries and developed a sustainable soy-based cracker that earned a spot in a major product development competition.

Global Affairs Student Assistant Tene Goodwin spent the summer working with the UC Davis Mandela Washington Fellowship and got the chance to learn about and connect with 25 young professionals from Sub-Saharan Africa.





International Education Week

Each November, UC Davis joins universities and organizations across the U.S. to celebrate International Education Week (IEW). Designated by the U.S. Department of State and U.S. Department of Education, IEW offers the campus and community an opportunity to celebrate the benefits of international education and exchange. International students and scholars are encouraged to participate in workshops, fairs, and community events throughout this week. Learn more at globalaffairs.ucdavis.edu/iew

International Festival Davis

The International House Davis (I-House) and UC Davis invite people of all cultural backgrounds to participate in a day that is full of festivities like cultural performances and food tastings. Learn more at internationalfestivaldavis.org

Postdoc Appreciation Week

Since 2009, the National Postdoctoral Association has sponsored National Postdoc Appreciation Day/Week to recognize the significant contributions that postdoctoral scholars make to U.S. research and discovery. UC Davis hosts a special events each year, check it out at grad.ucdavis.edu/npaw





Picnic Day

Picnic Day is a campuswide open house and revered tradition that brings thousands of visitors to experience all that UC Davis has to offer through exhibits, shows, demonstrations, a parade, and more. International students, scholars, and their families are invited to march in the parade with UC Davis Global Affairs and International House Davis and participate in globally inspired exhibits.

International Graduation Celebration

Each June, SISS hosts a ceremony and reception for graduating international students at the end of spring quarter, celebrating the UC Davis international community. Family and friends are also invited to attend and celebrate! Learn more at globalaffairs.ucdavis.edu/events/international-student-graduation



ABOUT GLOBAL AFFAIRS

Global Affairs brings the world to UC Davis, welcoming more than 10,000 international students, scholars, and leaders, and hosting programs that inspire global curiosity, understanding, and engagement. Compelled by the valuable outcomes of thinking globally, we make transformative opportunities a reality by supporting the thousands of students and faculty studying and researching internationally—and by facilitating collaborations that tackle the world’s most pressing problems through more than 150 international partnerships.

As our world becomes more interconnected, our job market becomes more global, our knowledge crosses more boundaries, and our well-being relies upon interdependence, access to international and intercultural learning opportunities is more important than ever. Putting our vision of a UC Davis community that engages, thrives, and leads in this interconnected world into action, Global Affairs is in pursuit of an ambitious goal: Global Education for All.

Learn more at globalaffairs.ucdavis.edu/ge4a

ACKNOWLEDGEMENTS

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